

Powerful Coaching Questions

RELATE

- How are you doing?
- Where are you now?
- How can I be praying for you?
- What do you want to address?
- How can we work together?

REFLECT

- What can we celebrate?
- What's really important?
- What obstacles are you facing?
- Where do you want to go?
- How committed are you?

REFOCUS

- What do you want to accomplish?
- What are possible ways to get there?
- Which path will you choose?
- What will you do? (who, what, where, when, how)
- How will you measure your progress?

RESOURCE

- What resources do you already have?
- What resources will you need to accomplish your goals?
(people, finances, knowledge, etc.)
- What resources are missing?
- Where will you find the resources you need?
- What can I do to support you?

REVIEW

- What's working?
- What's not working?
- What are you learning?
- What needs to change?
- What further training would be helpful?
- What's next in our coaching relationship?